

	Per Serving								
	Servings	Cals	Prot (g)	Carb(g)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)
Medium Cheese	6	282	14	37	9	5	0	0	328
Large Cheese	10	282	14	37	9	5	0	0	347
Party-Pizza Cheese	32	181	9	25	6	3	0	0	226
Pan Pizza	12	221	10	29	9	4	0	0	260
Giant Pan Pizza	24	248	11	33	8	4	0	0	305
Specialty Pizzas									
Buffalo Blue Cheese Chicken									
Medium	6	333	18	36	13	6	0	4	759
Large	10	344	19	35	14	6	0	5	865
Party-Pizza	32	220	12	24	9	4	0	3	550
Pan Pizza	12	255	12	28	12	4	0	3	581
Giant Pan	24	287	14	31	12	5	0	4	674
Buffalo Blue Cheese Chicken Finger									
Medium	6	339	16	38	14	6	0	8	842
Large	10	351	16	38	15	6	0	10	964
Party-Pizza	32	224	10	25	9	4	0	6	612
Pan Pizza	12	258	11	29	12	4	0	5	623
Giant Pan	24	291	12	32	12	5	0	6	726
Sweet and Tangy Chicken									
Medium	6	325	18	46	8	5	0	0	217
Large	10	334	19	47	8	5	0	0	214
Party-Pizza	32	214	12	31	5	3	0	0	143
Pan Pizza	12	249	12	35	8	4	0	0	174
Giant Pan	24	282	13	40	8	4	0	0	199
Sweet and Tangy Chicken Finger									
Medium	6	331	16	48	9	5	0	4	300
Large	10	341	16	49	9	5	0	5	313
Party-Pizza	32	218	10	32	6	3	0	3	205
Pan Pizza	12	252	11	36	9	4	0	2	216
Giant Pan	24	286	12	42	8	4	0	3	251
Chicken Bacon Ranch									
Medium	6	398	19	36	20	7	0	4	302
Large	10	422	20	36	23	8	0	5	316
Party-Pizza	32	269	13	24	14	5	0	3	207
Pan Pizza	12	299	12	28	17	5	0	2	217
Gaint Pan	24	316	14	31	15	5	0	2	242

Chicken Finger Bacon Ranch										
	Medium	6	398	19	36	20	7	0	4	302
	Large	10	422	20	36	23	8	0	5	316
	Party-Pizza	32	269	13	24	14	5	0	3	207
	Pan Pizza	12	299	12	28	17	5	0	2	217
	Giant Pan	24	316	14	31	15	5	0	2	242
Veggie Red										
	Medium	6	298	14	39	9	5	0	0	506
	Large	10	302	14	39	10	5	0	0	560
	Party-Pizza	32	194	9	26	6	3	0	0	360
	Pan Pizza	12	230	10	30	9	4	0	0	349
	Giant Pan	24	258	11	34	9	4	0	0	413
Veggie White										
	Medium	6	318	14	37	12	6	0	1	410
	Large	10	325	14	37	13	6	0	1	445
	Party-Pizza	32	209	9	24	8	4	0	1	288
	Pan Pizza	12	235	10	28	11	4	0	1	271
	Giant Pan	24	274	11	32	11	4	0	1	323
Supreme										
	Medium	6	372	18	40	16	8	0	0	504
	Large	10	382	18	40	17	8	0	0	558
	Party-Pizza	32	244	11	27	10	5	0	0	359
	Pan Pizza	12	267	12	30	12	5	0	0	348
	Giant Pan	24	307	14	34	13	6	0	0	412
Meatlovers										
	Medium	6	408	21	39	19	9	0	4	413
	Large	10	425	22	39	20	10	0	5	449
	Party-Pizza	32	255	13	26	11	5	0	0	226
	Pan Pizza	12	285	13	30	14	6	0	2	303
	Giant Pan	24	335	16	34	15	7	0	3	369
Hawaiian										
	Medium	6	294	15	39	9	5	0	0	328
	Large	10	298	15	39	9	5	0	0	347
	Party-Pizza	32	190	10	26	6	3	0	0	226
	Pan Pizza	12	228	10	30	9	4	0	0	260
	Giant Pan	24	256	12	33	8	4	0	0	305
Cup 'n Char										
	Medium	6	298	14	37	11	5	0	0	328
	Large	10	341	17	37	15	7	0	0	347
	Party-Pizza	32	257	12	25	13	6	0	0	226
	Pan Pizza	12	253	11	29	11	4	0	0	260
	Gaint Pan	24	285	13	33	12	5	0	0	305

Chicken Bacon BBQ										
	Medium	6	332	19	41	10	6	0	4	302
	Large	10	342	20	42	11	6	0	5	316
	Party-Pizza	32	219	13	28	6	4	0	3	207
	Pan Pizza	12	249	12	32	9	4	0	2	217
	Giant Pan	24	279	13	36	9	4	0	3	261
Chicken Finger Bacon BBQ										
	Medium	6	338	17	43	11	6	0	9	385
	Large	10	163	7	33	1	0	0	0	202
	Party-Pizza	32	90	4	17	1	0	0	2	111
	Pan Pizza	12	293	12	59	1	0	0	0	362
	Giant Pan	24	51	2	3	2	1	0	9	183
Breakfast Pizza										
	Medium	6	264	13	34	8	5	0	48	404
	Large	10	264	13	34	9	5	0	56	411
	Party-Pizza	32	169	8	23	5	3	0	22	262
	Pan Pizza	12	212	9	27	9	4	0	24	268
	Giant Pan	24	268	13	30	11	5	0	36	330
Old World										
	Medium	6	363	16	28	20	8	0	4	368
	Large	10	361	15	25	21	9	0	5	395
	Party-Pizza	32	211	9	13	13	5	0	3	232
	Pan Pizza	12	288	12	29	15	6	0	2	282
	Giant Pan	24	332	14	34	16	6	0	1	319
New York Style										
	Medium	6	183	9	25	5	3	0	0	203
	Large	10	173	9	22	6	3	0	0	197
	Party-Pizza	32	94	5	12	3	2	0	0	108
White Pizza										
	Medium	6	316	14	35	9	5	0	2	286
	Large	10	324	14	34	9	5	0	3	296
	Party-Pizza	32	207	9	23	5	3	0	2	195
	Pan Pizza	12	247	10	27	12	4	0	1	209
	Gian Pan Pizza	24	264	11	30	11	4	0	1	215
Gluten-Free										
	Regular Cheese	8	123	4	14	6	3	0	0	133
	Regular Pepperoni	8	153	6	14	8	4	0	0	133
	Broc Cheddar Cheese	8	130	6	12	7	4	0	6	178
	Broc Cheddar Pepperoni	8	160	7	12	9	5	0	6	178
	14" Cauliflower	10	184	8	19	9	5	0	9	296
	14" Cauliflower Pepperoni	10	216	9	20	12	6	0	9	296

Wings										
	Boneless	10	77	4	7	3	1	0	6	242
	Traditional	10	187	11	14	9	1	0	0	0
Calzones										
	Build your Own Calzone	4	324	15	38	13	6	0	21	305
	Buffalo Bleu Calzone	4	413	22	39	19	8	0	26	998
	Buffalo Bleu Finger Calzone	4	422	19	42	20	8	0	32	1123
	Meaty Calzone	4	489	28	40	25	12	0	27	433
	Veggie Lovers Calzone	4	348	16	41	13	7	0	21	573
	Chicken Bacon Ranch Calzone	4	454	23	39	23	9	0	27	448
	Chicken Finger Bacon Ranch Calzone	4	463	20	41	24	9	0	34	572
	Pizza	4	384	17	38	18	9	0	21	305
	Broccoli	4	326	15	38	13	6	0	21	308
	Spinach	4	324	15	38	13	6	0	21	305
	Ham	4	346	19	38	13	6	0	21	305
	Italian Sausage	4	387	18	40	17	8	0	21	306
	Hawaiian	4	354	19	40	13	6	0	21	305
	Chicken Bacon BBQ	4	391	18	46	9	4	0	1	258
Submarines / 12 inch										
Deli Style										
	Ham	2	899	38	105	40	8	0	50	1204
	Turkey	2	899	38	105	40	8	0	50	1204
Oven Toasted Subs										
	Meatball	2	831	37	101	33	17	0	0	1061
	Philly Cheesesteak	2	1057	40	109	59	16	0	70	1325
	Chicken Parmesan	2	786	43	110	22	10	0	35	1805
	Pizza Sub	2	1066	49	101	54	29	0	0	1134
	Buffalo Chicken Wing	2	1088	43	108	55	17	0	51	6400
	Stinger	2	1303	50	116	77	17	0	96	6700
	B.L.T.	2	1633	58	51	101	31	0	175	7140
	Cheeseburger	2	826	32	63	53	15	2	114	422

Pasta										
Macaroni and Cheese Full		2	1193	41	156	38	17	0	30	1399
Macaroni and Cheese Half		1	596	20	78	19	8	0	15	699
Pasta with Red Sauce Full		2	1133	41	138	17	9	0	0	1819
Pasta with Red Sauce Half		1	566	20	69	9	5	0	0	909
Alfredo Full		2	1133	32	147	41	12	1	53	1069
Alfredo Half		1	566	16	73	20	6	0	26	534
Penne with red saice and meatballs Full		2	1533	61	148	47	24	0	0	1819
Penne with red saice and meatballs Half		1	766	30	74	24	12	0	0	909
Buffalo Chicken Mac and Cheese Full		2	1358	44	170	49	12	0	72	4126
Buffalo Chicken Mac and Cheese Half		1	679	22	85	25	6	0	36	2063
Alfredo with Grilled Chicken and Broc Full		2	1253	59	148	42	12	1	53	1139
Alfredo with Grilled Chicken and Broc Half		1	626	29	74	21	6	0	26	569
Penne Alfredo with Broc Full		2	475	11	20	38	12	1	53	1033
Sides										
Chicken Fingers		1	487	46	38	18	3	0	88	1858
Loaded Cheesy Fries		1	1230	56	101	60	27	0	115	1130
Garlic Breadsticks		16	141	4	20	6	1	0	1	160
cheese		16	28	2	0	2	1	0	0	0
French Fries		1	280	8	48	4	0	0	0	40
5pc Mozzarella Sticks		5	120	5	8	7	3	0	7	280
10 pc Mozzarella Sticks		10	212	4	14	14	3	0	5	275
Onion Petals		1	453	5	59	21	3	0	0	1227
Pretzel sticks		25	33	1	5	1	0	0	0	147
Dinners										
Boneless Wing Dinner		1	875	42	99	25	4	0	43	1910
Chicken Flnger Dinner		1	767	54	86	22	3	0	88	1898
Salads										
Garden Salad		1	240	4	23	13	2	0	7	237
Big Salad		1	395	6	37	21	4	0	11	395
Desserts										
Fried Dough		1	897	28	194	2	0	0	0	853
Chocolate Chip Cookies		1	360	4	47	19	11	0	40	250
Chocolate Calzone		6	249	6	35	9	4	0	3	774